

# college week starts May 2

by Rebecca Noll

With the end of the school year fast approaching, students may be finding less time to relax. College week, May 2-9, will offer a variety of activities to encourage students to take some time out.

A sand volleyball tournament kicks off the week of fun. On Sunday, May 2, starting at 12:30 p.m. wings will compete in sand volleyball against each other for prizes. Prizes will be \$50 for first place, \$30 for second place and \$20 for third place, according to Jennifer Moser, activities and events chairperson.

On Monday, May 3, the Senior Class

Dinner will be held in the West Locust dining room. A reception will start at 4:30 p.m. with dinner following.

A baseball game is planned on Tuesday, May 4, at the University of Dubuque. Clarke will play against Loras and all are invited to attend and support the Clarke baseball team. There will be a tailgate party at UD with sack lunches provided by the cafeteria.

Clarke will host College Olympics Wednesday, May 5. The events are being kept secret but promise to be fun. Teams of six will compete for various prizes.

On Thursday, May 6, the annual Tree

Planting event will be held at 4:30 p.m. outside of Mary Benndict Hall. A barbecue will follow in the Terrace Lounge in Mary Ben. Knee Deep in the Sun will also be performing at the barbecue.

The Honors Banquet will be held Friday, May 7, in the cafeteria. The Senior Slide Show will follow in Jansen Music Hall.

To finish off the week, Sunday, May 9, the 2nd Annual Wacky Awards will be held at 9 p.m. in the cafe. Go and see if the people you nominated win.

If you are planning any all nighters during finals week, then remember to take a

study break and come down to the cafe. It will be open all night May 10 and 11, serving refreshments.

No matter what activities you plan to attend before finals, don't forget to have fun and to find time to relax.

## Resident Assistant positions are filled

by Tara Thames

"Guess who was chosen to be an RA for next year?" These words echoed the halls of Clarke College after the Resident Assistant selections.

There were many applicants but only 18 were interviewed. From these applicants, seven were selected. The new RAs are junior Rochelle Chandler; sophomores Caprice Collins, Kathy Grubb, David Heisch and Angela Kent and freshmen Jill Kreinbring and Juan Tamayo. They will be replacing seniors Kristi Bopp, Anne Dalton, Eric Duray, Kerry McCarthy, Teresa Murphy, Todd Wessels and Laura Wolf.

Before being selected for an RA position, applicants must complete a formal application and with that application, they must submit three letters of recommendation. Based on their written responses, they are screened for attitude, policy awareness and resource knowledge. Applicants who excel in these areas are advanced to the next level of the interviewing process where they must complete three separate interviews with current staff members.

The first interview is a question and answer session between the applicant and a small panel of RAs. The second interview is a group process interview, in which a group of candidates are given a specific task to discuss and act on. The applicants are then evaluated on their performance. The third component of the interview process is an interview between the applicant, hall directors Antoine Jones, Lee Kolker, Tammy Tucker and Director of Residence Life David Nevins. The overall selection of future RAs are based on these criteria.

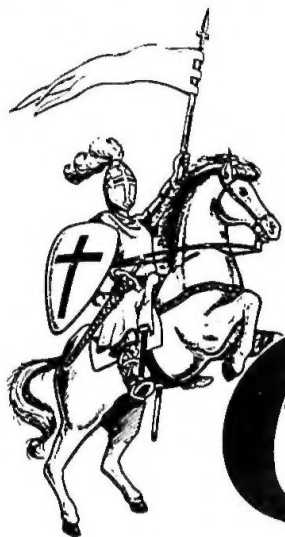
The hall directors are involved in the selection process because they serve as a liaison between the RAs and Nevins. "Sometimes that's hard to do because the hall director's position is only part-time. Therefore we generally have to seek employment outside of the college. Unfortunately, due to this dilemma, the hall director's impact is often minimal in the residence hall," said Tucker.

Have you ever wondered who makes the final decision as to who will become an RA? Well, the hall directors and director of residence life discuss the merits of each applicant and choose accordingly. Then they make a formal recommendation to the vice president of Student Affairs. The final decision ultimately rests in the hands of E. James Petty.

Being an RA may seem fun and easy but it requires a lot of time and commitment. There are many roles an RA must play ranging from being a counselor and resource person to a staff member. "The RAs major concern is to foster a positive community atmosphere with residents to make them proud of their surroundings," said Tucker. The RA is responsible for informing residents of dormitory programs and encouraging student participation in the programs. Even more importantly, the RA's duty is to create an environment where students can establish a sense of identity and responsibility in regard to others.

When asked how she feels about her upcoming responsibilities as an RA, Kent said, "I am excited and just a little bit worried about my capabilities as an RA."

The applicants that were selected obviously displayed the qualities necessary to fulfill the RA position and they are eagerly anticipating their newly acquired duties.



# Clarke Courier

Volume LXIII

Issue 15

Dubuque, Iowa

April 30, 1993

## Clarke taps into Internet

by Patty Roth

By the year 2000, it is estimated that one billion people will be using Internet. Clarke College did not have to wait until the year 2000 to make the Internet Connection. The Dubuque Tri-Colleges received a National Science Foundation grant which brought Internet to the city in March.

Internet is an international network linking hundreds of smaller computer networks spanning North America, Europe and Asia. Designed for education, it allows computer users to connect to a variety of computers all over the world quickly and easily. This provides tremendous potential for information sharing. The three main services provided by Internet are remote login, file transfer and electronic mail.

The NSF grant provided the Tri-Colleges with funds for the software and hardware necessary for their computers to access Internet. The schools now have a phone line to Iowa City, which is the connecting node to Internet.

Internet allows faculty to communicate with colleagues around the world and to access information. It provides educators with powerful tools for creating classroom presentations and for research.

Sheila Castaneda, computer science chairperson, took Internet one step further when she brought it into her classroom. Castaneda offered her students a course this spring on parallel programming. The course allowed students to use Internet's remote login feature and TELNET software to access the multi-million dollar BBN Butterfly and Sequent Symmetry computers at Argonne National Laboratory, Argonne, Ill.

Unlike the single processor computers found at Clarke and most other colleges, the computers accessed at Argonne had 64 processors. This allowed Castaneda's students to experiment with parallel programming languages such as Parallaxis and P4.

"Parallel programming is a new trend in the computer industry. The course actually gave students hands-on with some real machines. That was the advantage of having the Internet connection—to be able to remotely login to Argonne. Students had actual experience with real machines, how they work and the parallel languages that are used," said Castaneda.

"With the enormous problems that are

presented, like the human genome project or weather forecasting, the kinds of computer power that are necessary are surpassing the capabilities of even the super computers we know today. Even though super computer speeds are increasing and we are able to do more and more with them, they are reaching that limit. What we are looking at is dividing the problems up and distributing those over multiple processors and then combining the results into one result," explained Castaneda.

Castaneda hopes that there will be other courses offered that use Internet

technology, but explained, "Our main objective is to try to get the faculty all connected and using Internet because it really is designed for communication and research for educators. There are all kinds of databases, journals and libraries that are online for use in research and class preparation."

We are really excited about the possibilities that having Internet on campus gives us as faculty, students and administrators. The kinds of resources that are available to us are staggering.



Abdul Sinno, Ph.D., associate professor of communication, takes his communication law class outside on one last week's rare warm days. (Photo by Don Andresen)

## Last concert on May 2

by Shana Richardson

The Clarke Collegiate Singers are winding up their 1992-93 season with their 2nd annual Spring Choral Festival. The concert will be held on Sunday, May 2 at 8 p.m. in the Terence Donaghoe Hall. Desserts will be served in the Atrium following the concert.

What is different about this performance

compared to others, is that two high school choirs will also perform and then join the Collegiate Singers for a finale.

The Anamosa High School Choir from Anamosa, Iowa, will perform under the direction of David Marshall, and the Dubuque Wahlert High School Choir will make a return appearance and perform under the

(Continued on page 4)



# Feature

## Wacky awards to be held

by Takada Dixon

Do you have friends with special talents who deserve recognition? If they fall under such categories as Megaphone Mouth, Soap Opera Addict, Movie Buff, Best Belcher or others, you are on the right track. Their names should be submitted to the Second Annual Residence Hall Awards nominations.

For years, Residence Life has been coming up with ideas to make dorm life exciting. Last year at this time, Student Affairs sponsored Clarke's First Annual Residence Hall Awards. Nominations ranged from The Gas Bomb Award to The Laundry Wizard. There were at least 46 awards and some were ties.

Junior Dana Erlacher received the most awards. She received Movie Buff, Best Couch Potato, Soap Opera Addict, TV lounge-It's My Home Award and the Messiest Room Award. Erlacher said, "The awards were fun and something refreshing when it came to taking a break from the books. Hopefully this can be an annual event."

Senior Antoine Jones received the best male R.A. Award. Jones said, "The job is very challenging and enjoyable, but it gives me a chance to interact with students and

be supportive. It is preparing me to be more professional. My nomination was surprising and I am honored that people do appreciate my work." Jones is currently the R.D. for Mary Josita.

Not all of the awards are humorous. There are also complimentary awards. These awards consist of Most Admired Female From Afar, which was given to sophomore Shikita Sanders; Most Admired Male From Afar, given to former student Torris Winston; Best Female Smile, given to sophomore Rochelle Chandler, and Best Couple, given to junior Sean Berg and

senior Chantel Miller. Sophomore Chris Kolker closely resembles Ron Howard who played Richard Cunningham on the series Happy Days, and hopes not to receive the Richie Cunningham award. Kolker says, "I am not looking forward to getting it, but would like people to consider Jim Read."

Significant awards that were given out are as follows: Marsha Brady, Richard Cunningham, Movie Buff, Joe Study, Jill Study, Mr. Phone, Miss Phone, Mr. G.Q., Miss Cosmopolitan, Mr. Comedian, Miss Comedian, Mr. Stud, Miss Studette, Best Belcher, Mr. Congeniality, Miss Congeniality, The Gas Bomb Award, "Can I Borrow...," Mr. Talkative, Miss Talkative, Joe Jock, Jill Jockette, Mr. Stereo, The Laundry Wizard, Most Bizarre Sneeze, Megaphone Mouth, Dear Abby Award and Most Intriguing Room.

This year, instead of calling it Clarke's Annual Residence Hall Awards, they are naming it the Wacky Awards. The intent of these awards is not to intimidate people, but to acknowledge those of you with special talents. Although this year's awards have not yet been tallied, submitters are anxiously awaiting the winners.

## Tucker plays many roles as R.D.

by Barb Tucker

Help! When the residents of Mary Benedict Hall need assistance, they call the resident director, Tammy Tucker. Tucker, 23, started the R.D. job in August 1991. She graduated from Clarke College in 1991 with a Bachelor of Fine Arts degree in art.

Quite familiar with the Dubuque area, Tucker grew up in a small community of Farley, Iowa, a rural town about 20 miles west of Dubuque. For Tucker, Clarke College is truly a family institution. Her older sister and brother graduated from Clarke in 1988 and 1989 respectively, while her younger sister, Barb, is currently a junior.

Tucker's enjoyable experience as a resident assistant on third floor of Mary Ben during her senior year led her to apply for the job of resident director the following summer. She didn't find the transaction too difficult from resident assistant to resident director. "Most students here know me as an R.A. or as an R.D. I hope they feel that they can come talk to me about anything," said Tucker.

As R.D., there are seven R.A.s directly under Tucker's control, with a total of 17 on the entire campus. She truly appreciates her staff and can't praise them and their work enough. "I adore my staff. They are highly qualified and competent people that I enjoy working with. I have total faith and confidence in their capabilities as staff members, and rarely worry about the dorm because I know that whatever happens, the staff can handle it. They make my job a lot easier," said Tucker. Although biased, Tucker jokingly admits that she has the best resident assistant staff on campus.

Becky Johll, a junior at Clarke and one of Tucker's R.A.s, believes that Tucker is an organized and responsible R.D. "Tammy is an excellent hall director, as well as a friend, to the R.A.s and the residents. She doesn't hesitate to get things done, yet is caring and fun-loving." That is one of Tucker's goals. She wants to hold enjoyable activities outside of the college atmosphere with her staff.

Resident director isn't the only job that Tucker has. She began working full-time for the city of Dubuque as a graphic artist in July 1991. Creating pamphlets, brochures and posters for the city is an integral part of a graphic artist's job. "I'm learning that to be an effective graphic artist, you must have a strong artistic background. I believe Clarke has provided me with an exceptional art education," Tucker said.

At 5 p.m. it's back to Clarke College for Tucker. "I find it difficult being the youngest person in a work environment to being the oldest person in charge of a building full of young adults." Tucker feels fortunate to have two jobs that she enjoys so much. "Going to work at either place is never a chore, but rather a fun adventure."

There are many things Tucker enjoys about her position as R.D. "It allows me to stay at Clarke longer so I don't have to leave the friends I've made over the past six years. Working at Clarke enables Tucker to live closer to her family. Her mother moved to Dubuque in 1991 and lives only a few minutes away.

As with any type of employment, there are also some negative aspects. Tucker is never off duty as the R.D. of Mary Ben. Her least favorite part of her job is the emergency calls she receives at 4 a.m., although

Tucker knew what the job entailed when she accepted it. Another problem Tucker encounters is some students' lack of respect for their dormmates. "I believe the biggest challenge of the job is getting some residents to respect the rights of others."

In what little spare time she has, Tucker enjoys spending time with her "baby," a two-year-old purebred Yorkshire Terrier named Shakespeare. Because pets aren't allowed in the dorms, Shakespeare lives with Tucker's mom.

Presently, Tucker is content with the events in her life. She enjoys the two jobs that she currently holds, but doesn't rule out the possibility of further schooling. "Someday, I wouldn't mind attending graduate school or going for a totally different field of study, such as psychology or art history. There are so many options open to me, but for now I'm happy here at Clarke and at my job with the City of Dubuque."



Tammy Tucker, resident director of Mary Benedict Hall, graduated from Clarke in 1991. (Photo by Don Andresen).

## Seniors await graduation

by Eric Duray

The senior class is slowly making its way through the remainder of the year. With approximately five days left, the class is getting anxious.

Art majors will be finishing up their final performances over the next weekend. Voice majors are performing their recitals for family, friends and community. Drama majors were in their final performance. The senior class is making its final curtain call as well.

Senior Mitch Drolema commented on his last two weeks. "It's been hectic. I've been up all night on many occasions trying to complete my final performance. It's a massive undertaking. Waiting for a large canvas has slowed down my completion of the project. I had to special order a 9' x 12' canvas from Chicago. I'm glad to be graduating though, no more sleepless nights thinking about canvas."

Anxious seniors had a night out on the town, Wednesday, April 21. The class went out for dinner at Pasta O'Shea's in Dubuque. Approximately 20 people came out for the free dinner which was picked up through the senior class budget. "It was delicious, I couldn't believe the size of the portions. I was so full, I thought I was going to burst," said Ceasar Giraldo. "I didn't think I would make it on time," said Jim Wachtel. "It was an expensive dinner. I'm glad the class picked up the tab."

After dinner, the class went bowling at

Riverside bowl. "I just kept score because my thumb was hurting," said John Zielinski. "It was still fun to see everyone having a good time. I couldn't believe Jim Wachtel's gutter ball that bounced out and ended up as a strike. What a game," Zielinski said.

Aside from the fun that night, the class also discussed the next meeting for the senior show. The show itself will be performed on Friday, May 7 following the Honors Banquet, at approximately 8 p.m. "The show will be comical yet it will have some very serious sides to it," Eric Duray said. "I hope we will outclass some of the shows that were done in the past. We have some serious performers, especially seniors graduating from the drama and music departments who will be using their talents."

Another dinner will be held for the seniors on May 3 in the West Locust Dining Room. This meal is offered by the Alumni office and the junior class. This year the dinner will take the place of the traditional senior champagne brunch and senior day. The dinner will be buffet style and it is free to all full-time students. The cost for part-time students is \$7.50 and \$9 for guests.

On a final note, the class encourages everyone to keep up with their mail and to attend all the functions that you are invited to as seniors. These are the last events in your college career. Make the most of them.



### Editor

Pamela S. Engelken

### Assistant Editor

Shana Richardson

### Copy Editor

Jenny Freking

### Photo Editors

Don Andresen

Takada Dixon

### Production Manager

Tara Thames

### Production Camera

Nick Vannelli

### Advertising Director

Ebony McLaurin

### Staff

Anne Dalton

Tracy Delaney

Takada Dixon

Eric Duray

Roger Fuhrman

Tim Kemp

Jenni Lease

Carisa MacFarlane

Becky Noll

Celeste Pechous

Shana Richardson

Patty Roth

Marc Smith

Marcus Taggart

Cornell Taylor

Tara Thames

Barb Tucker

Tony Vasquez

Paul Veeneman

Dan Wachtel

Tim Wagner

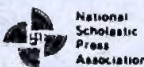
### Advisor

Mike Acton

The Courier is a student-produced, weekly newspaper for the Clarke College community. Opinions expressed herein do not necessarily reflect the opinions of the faculty, staff, or administration of the college.

The Courier welcomes input from members of the Clarke community. Please send comments to P.O. Box 280, Clarke College. Letters must be signed and are subject to editing for space.

The Courier is a member of the Associated Collegiate Press and holds a first class rating from the National Scholastic Press Association.



April 30, 1993

## Zollman

by Patty Roth  
S. Mary Ann Zollmann, BVM, assistant professor of religious studies, describes herself as being happier in her life than she has ever been. She attributes a great deal of that happiness to what she learned through Duquesne University's Ph.D. program in spirituality.

"Just as important as what I learned, was the growth that took place in me as a person. It changed me. It made me aware of my own particular gifts and weaknesses. It freed me to be true to the person that I am," said Zollman.

Zollman began teaching for the religious department at Clarke in 1987. At that time, she also began development of the campus ministry program. It was her campus ministry work and conversations with



S. Mary Ann Zollman, BVM, assistant professor of religious studies, describes her experiences from time spent at Duquesne.

## Cafeteria f

by Celeste Pechous and Anne Dalton

Picture yourself getting into the long line at the cafeteria right after your 11:20 a.m. class. Your stomach has been growling throughout philosophy. Finally the cheeseburgers, fries and chocolate rice krispies greet you. You sit down and eat your meal. You think you want more, so you get a second helping, only to find out you wish you had never gone back up. Your second helping is now in the trash. One doesn't realize the effects of throwing out food. Lawrence James, director of food service, said, "I am very upset and angry at how much food is wasted in the cafeteria."

You may have the attitude that since you pay for cafeteria food, you can do whatever you want with it. You can. But then it limits the kinds of foods you eat in the cafeteria. James is under a strict food budget. He is aware that students have different tastes, however, if you want more of those chicken nuggets or cheeseburgers, don't waste the more food wasted, the harder it is to accommodate everyone.

In efforts to save food, Food Service is trying out an experiment with ketchup bottles. The goal of the program is to observe differences between using a ketchup pump or bottle. Using the pump creates problems because of long lines and overuse, according to Deb Knoke, assistant director of Food Service. Knoke said students should get used to the bottles because they have plenty and in the long run the bottles save money.

Working in the dishroom, you can see many desserts go untouched, and how many entrees are added to the famous "Clarke College compiles" that we actually waste. If for a couple of days, we...



# Feature

## Zollman shares philosophies

by Patty Roth

S. Mary Ann Zollman, BVM, assistant professor of religious studies, describes herself as being happier in her life than she has ever been. She attributes a great deal of that happiness to what she learned through Duquesne University's Ph.D. program in spirituality.

"Just as important as what I learned, was the growth that took place in me as a person. It changed me. It made me aware of my own particular gifts and weaknesses. It freed me to be true to the person that I am," said Zollman.

Zollman began teaching for the religious department at Clarke in 1987. At that time, she also began development of the campus ministry program. It was her campus ministry work and conversations with

students that caused Zollman to wonder if there would be a way in the classroom for students to integrate their life experience with religious experience.

"That could have a lasting effect, particularly in an academic setting, where people saw the spiritual life and religious life as being important to an educated person... That our spirituality is very essential to who we are," said Zollman.

In 1987, Zollman found that Duquesne University of Pittsburgh offered a Ph.D. in spirituality, and decided to apply to their program. She chose Duquesne because her deepest desire was to facilitate people's awareness that God, the spiritual, and the religious, are intimately interwoven in our everyday experiences.

"I wanted a program that would help me learn how to go about this in an academic

setting," explained Zollman. "Wisdom from our life experience is not something we are accustomed to in our colleges and universities. The program at Duquesne was a program in spirituality and life experience. Duquesne offered a Ph.D. program that was seriously and academically going to look at life experience as a source of wisdom."

What also appealed to Zollman was that the program began with the assumption that the spirit, and therefore spiritual life, is a human universal. The program assumes everyone experiences the spirit and it is integral to who we are as human beings.

Zollman said, "I also had a sense that this program would help me find different ways of talking about God, and that students might be able to identify with what they wouldn't have thought about before, as being God in their lives."

Zollman found the program to be enriching because there were students from all over the world there. The program made her realize that if we are ever going to have world peace, we have to start with finding other ways to talk about what's most important or ultimate in our lives. She said the program gave her a way of doing that.

"I hope to continue to share with my students that God is so much bigger than we usually think of when we think of God, and if we can start to discover that in our own experience, it will enable us to create a more just and peaceful world, Zollmann said.

Zollmann defended her dissertation on April 13, 1992, and received her Ph.D. on May 9, 1992, from Duquesne University.

Zollmann's dissertation is entitled "Exploring Spirituality of Higher Education." She suggests that often our present educational methods don't reach far enough into the depth of who we really are; that we learn a lot of information, but too often fail to ask questions about what that information means and how it can most appropriately be used for the good of all people.

Zollmann's dissertation also suggests that we need to include in our classroom space more opportunities for reflection; particularly reflection on our own experience, so students and faculty can share more insights from their experiences.

Zollmann said she appreciates the faculty at Clarke who delayed their plans for sabbatical and assumed extra loads to make her Ph.D. studies possible.



S. Mary Ann Zollman, BVM, assistant professor of religious studies, tells of her experiences from time spent at Duquesne University. (Photo by Don Andresen).

## Big vs. small schools

by Patty Roth

Have you ever wondered what it would be like to attend a large university, rather than a small college like Clarke? Perhaps you have visited friends who attend some of the major universities nearby. Do the crowds of people and social events seem exciting? What about every day campus life? To use an old cliché—all that glitters may not be gold.

According to James Stutz, a 1988 graduate of the University of Minnesota-Twin Cities, campus life was often hectic. "I liked the school, but it had some major drawbacks. The university was so large that it seemed you were waiting in huge lines for almost everything," said Stutz.

One example Stutz gave was registration time. "You were lucky if you didn't spend a whole day waiting in line to register for classes. Just when you thought you were finally going to get registered, you might be sent somewhere else to wait in line again."

Stutz is familiar with Clarke College. He knows people who attend Clarke and has visited the school a few times. "It amazes me just how small the school is. At Minnesota, I attended a Psych 101 class with over 1,500 students in it. That's larger than Clarke's total enrollment."

When asked what classes of that size were like, Stutz said, "For one thing, you never asked questions in class. You took notes and hoped to understand everything. It was difficult to go see an instructor about a problem. Usually you would schedule a meeting with the T.A. (teaching assistant), but they were grad students who had their own schedules, and limited time available to help students."

Stutz is amazed that the student-faculty ratio at Clarke is 12 to 1. He agrees that this provides more opportunities for close relationships with faculty and students.

When Stutz attended the University of Minnesota, the enrollment was around 61,000 people. That is more than the population of Dubuque. "The University was like a city itself. It even had its own campus police department." When comparing the University with Clarke, Stutz said, "It's like two different worlds."

Stutz wonders what it would have been like to go to a college where you weren't always running between classes because of the size of the campus. "At Clarke, everything is accessible. The library, bookstore and classrooms are all within a short distance of each other. That makes everything so convenient and functional for the students."

Stutz also noticed that Clarke has a very diverse group of students. He said, "It's really surprising to find students of many cultures in a small, private school located in Dubuque, Iowa. I think that's great. It's a wonderful opportunity for students to broaden their scope of the world. You won't always find that at a small college."

Stutz remembers when he first started looking for colleges to attend. He considered the University of Wisconsin-Madison, where many of his close friends were going, but was afraid he wouldn't get any studying done there. "I knew that with my friends there, and all the things that were going on socially, it would be trouble."

Indeed Stutz admits that at a large university, it is probably harder to concentrate on your studies. "There's always a lot of concerts and major sports events happening which you hate to miss out on. It's when those things took place the night before exams, that you could run into difficulties."

Stutz isn't sorry he chose to attend a large college. He speaks highly of academic life at the University of Minnesota. "At times you might have a professor known world-wide for his or her achievements." He recalls having had an excellent economics professor who at one time, worked directly for President Johnson when he was in office.

There seems to be benefits to both large and small colleges. It really may depend upon what you want to get out of your education. Many Clarke students seem to appreciate the fact that Clarke encourages students of all religious persuasions to develop and strengthen personal faith and apply spiritual values in their lives.

Stutz said, "Small, private, Catholic colleges tend to be stereotyped. Clarke just doesn't seem to fit that mold. The faculty that I've met seem to be very open minded, and I like that."

## Cafeteria fights waste

by Celeste Pechous and Anne Dalton

Picture yourself getting into the long line at the cafeteria right after your 11:20 a.m. class. Your stomach has been growling throughout philosophy. Finally the cheeseburgers, fries and chocolate rice-krispies greet you. You sit down and eat your meal. You think you want more, so you get a second helping, only to find out you wish you had never gone back up. Your second helping is now in the trash. One doesn't realize the effects of throwing out food. Lawrence James, director of food service, said, "I am very upset and angry at how much food is wasted in this cafeteria."

You may have the attitude that since you pay for cafeteria food, you can do whatever you want with it. You can. But then it limits the kinds of foods you eat in the cafeteria. James is under a strict food budget. He is aware that students have different tastes; however, if you want more of those chicken nuggets or cheeseburgers, don't waste. The more food wasted, the harder it is to accommodate everyone.

In efforts to save food, Food Service is trying out an experiment with ketchup bottles. The goal of the program is to observe differences between using a ketchup pump or bottle. Using the pump creates problems because of long lines and overuse, according to Deb Knoke, assistant director of Food Service. Knoke said students should get used to the bottles because they have plenty and in the long run the bottles save money.

Working in the dishroom, you can see how many desserts go untouched, how many gallons of liquid go down the sewer and how many entrees are added to the famous "Clarke College compilation." "There is very little food that we produce that we actually waste. If food sits around for a couple of days, we either give it to

employees to take home, take it to the mission or help the Catholic Charities Worker House," James said. "There is no excuse for students to waste food."

Yes, plenty of excuses for wasting food can be heard. It is a pain to get up during your daily feast to wait in line for that extra glass of pop or to grab that extra piece of fruit. Might as well grab everything at once, right? Have you ever heard the expression, "Your eyes are bigger than your stomach"? Wait in line and burn off a few calories. It's further to walk to your classroom than it is to walk from a table to the food line.

James said he is more than willing to listen to suggestions about meals and to make changes, but the amount of waste has got to decrease. "If you do not enjoy a meal, let Debbie or I know. We can even reactivate the suggestion box," James said.

Regarding waste, there are numerous programs devoted to the 'No Waste' campaign. The Food Committee is an organization that works in three ways to do this. It acts as a consultant to find out what people want. It works as a testing panel and pleases new things. And it involves other peoples new things. "This committee is a two-way street where the member lets me know what is going on and also represents the student body," said James.

James is also working on a program called 'Just Like Home.' This program allows students to bring in home recipes so that Food Service can test it out and possibly include it as an entree during lunches. "Make thoughtful choices. One of them should be not to waste," stressed James.

The next time you see your friends taking those last two brownies from the food line, one of which you wanted, ask them whether their eyes are bigger than their stomachs.

## Senior graduation

Riverside bowl. "I just kept score because my thumb was hurting," said John Zeln. "It was still fun to see everyone having a good time. I couldn't believe Wachtel's gutter ball that bounced out and ended up as a strike. What a game," Zeln said.

Aside from the fun that night, the class also discussed the next meeting for the senior show. The show itself will be performed on Friday, May 7 following the Honors Banquet. At approximately 8 p.m. "The show will be comical yet it will have some very serious sides to it," Eric Drey said. "I hope we will outclass some of the seniors graduating from the drama and music departments who will be using their talents."

Another dinner will be held for the seniors on May 3 in the West Loosel Dining Room. This meal is offered by the Alumni office and the junior class. The dinner will take the place of the traditional senior champagne brunch and some day. The dinner will be buffet style and is free to all full-time students. The cost for part-time students is \$7.50 and \$9 for guests. As a final note, the class encourages students to keep up with their mail and to make the most of the last events of the year. Make the most of the year.

**ACTORS-GET AN EDGE ON BREAKING INTO THE "BUSINESS".** Our research organization is dedicated to providing CRUCIAL INFORMATION to those persons interested in pursuing a CAREER in the ENTERTAINMENT INDUSTRY. We offer complete information on TOP AGENTS (500 NAMES & CURRENT ADDRESSES in 50 Cities). We advise you on what/where/how to submit. (ie. Photo Specs, Sample Resume & Cover Letter). We tell you what to expect, and what's expected of you. Included are follow-up procedures, Union requirements & costs. LIST & INFORMATION PACKAGE—\$10.00. "ACTOR'S RESOURCE", 11684 Ventura Blvd. #854 Studio City, CA 91604



# Sports

## Clarke welcomes new coach

by Dan Wachtel

Clarke's search for a men's basketball coach has come to an end. Jeff Fore, 25, will take Coach Ed Colbert's position for next season. Colbert announced his retirement this year.

Fore has a bachelor's degree in physical

education with an emphasis in exercise physiology from Arkansas State University. Fore explained exercise physiology as "the study of effects exercise has on the human body as far as cardio-respiratory and cardio-vascularity...what takes place within the body as you exercise. The physiology of what happens to the body as you exercise."

Fore is in the process of finishing his master's degree in athletic administration at Central Missouri State. He plans on completing this degree within the next year.

When Fore was a senior at Arkansas State he was a volunteer coach for the men's basketball team. The following year Fore moved up as the assistant coach of the team. That year the team won 20 games and went to the post-season National Invitational Tournament.

Following Fore's assistant coaching at Arkansas State, he went on to Central Missouri State where he was assistant coach for three years. The first year Fore was there his team was 27-5, played in the NCAA division 2 national championships and played in the regional finals.

Fore thinks the head coaching position at Clarke is a remarkable opportunity at his age. "It's a unique opportunity...I think the thing that put me here was working under highly successful programs and learning under some fantastic coaches. In working in these programs and under Coach Nelson Catalina and Bob Sunbold, I feel they have helped me to grow faster and to be prepared for the position I am in at my age. At Arkansas State I worked under Nelson Catalina...He was the one that gave me my first chance, I'm grateful to him for the opportunity he gave me."

Fore feels his coaching job at Clarke will be tough following Coach Colbert. "Coach Colbert has an unbelievable background. It's always hard to follow such a great coach and his shoes are going to be big ones to fill."

Fore's number one goal for the Crusaders is to win the National Champion-

ships. "It's an obtainable goal at the division and level they play at and with the ability to recruit students from larger cities like Chicago, Milwaukee, Minneapolis/St. Paul, Kansas City and St. Louis. We have a very large recruiting base. I think the potential is there."

"Goals that are obtainable next year are probably to increase our recruiting area and our base and to increase our number of players. With the style I like to play, we will need numbers. I like to play with 10 to 12 people so we'll need to increase our numbers."

"Goals for the program will be getting the team to a level where we are consistently winning from year-to-year; where we can make a run for the conference championships from year-to-year and be competitive in recruiting."

Fore said he would like his team to be known as a team that "plays very hard and is fun and exciting to watch. Hopefully, a very competitive team too."

Fore is enthusiastic about the new sports

complex and hopes the complex will encourage students to come and participate in building team spirit when there are home games.

### ...Festival

direction of Jum Cacciatore.

The Collegiate Singers will perform "Jubilate Deo" by Michael Fink, "The River in Judea" by John Lovett, a "Jeckyll and Hyde Medley" by Leslie Bricusse, which they performed Irish Night, and "Jabberwocky" by Sam Pottle.

To close the concert the three choirs will sing "Shut di Do" by Randy Stonehill.

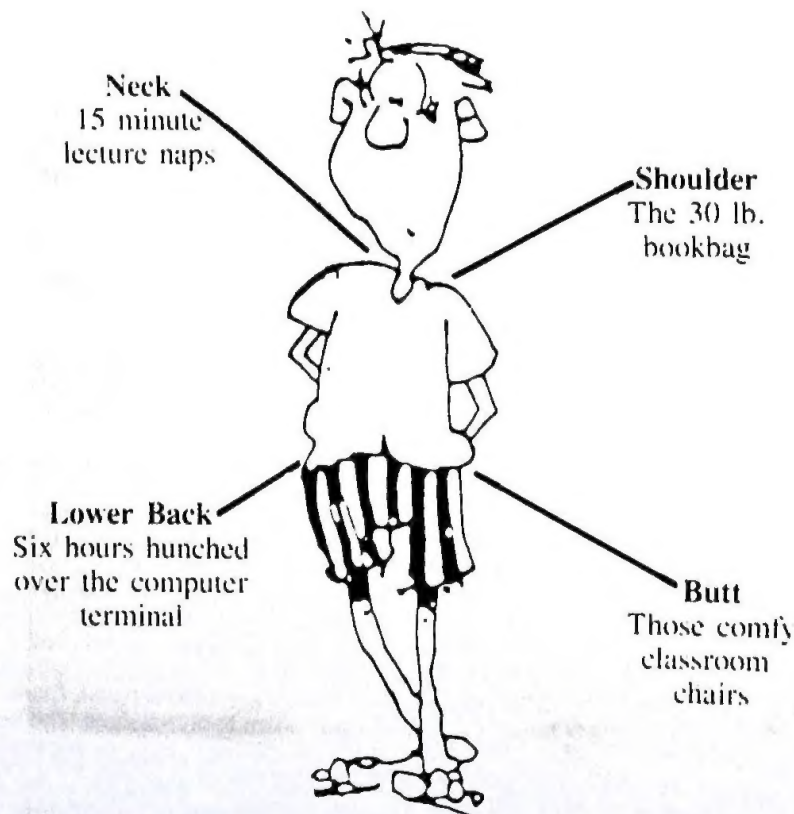
Jeff Pappas, choir director, said that there was no selection process for the choirs to participate in this event. "They are good high school choirs so we invited them. There was another choir that was supposed to come, but they cancelled, so we invited Wahlert's choir to make a return appearance," said Pappas.

Last year the music department began inviting high school choirs to participate in this event because they felt that the choirs would benefit from this experience. "It seemed like a good way to share our talents with one another," said Pappas.

Choir members are looking forward to the performance. Freshman Anne Marzullo said, "High school choirs are very special and I look forward to hearing them and singing with them. I can't believe how fast this year has gone by with all the choir activities we had. I've enjoyed them tremendously."

Nancy Lease, music department chair, said, "The music department is pleased to welcome the two high school choirs to the Spring Choral Concert. I have heard both choirs perform and know that the audience will hear a quality performance. These musical exchanges bring a special dimension to the musical atmosphere at Clarke."

### COLLEGE IS A PAIN IN THE...



### UNIVERSITY CHIROPRACTIC

We offer a FREE consultation to all students, faculty and staff specializing in individualized care, physiotherapy and emphasizing soft tissue and deep muscle work.

We are conveniently located at 2617 University Avenue  
Call now for your appointment. 588-8050

### Uncle Ike's Music



- Guitars & Drums
- Amps • P.A. Systems
- Service & Delivery
- Lessons • Lighting
- Recording Equip.
- Rent or Lease

Gibson - Peavey - Marshall - Tama  
Sonic - Ibanez - Martin - Taylor  
Tascam - Takamine

1487 Central, Dubuque  
319/556-6052

Open 10 a.m. daily • closed Sunday  
Visa-MasterCard-Discover



Your choice freely given

PRIESTHOOD

Vocation Office

Archdiocese of Dubuque  
1229 Mt. Loretta P.O. Box 479  
Dubuque, Iowa 52004-0479